



basic education
Department:
Basic Education
REPUBLIC OF SOUTH AFRICA



Morulaganyi & Mosupatsela wa Poelomaemong ya Thulaganyo ya go Ruta ya Ngwaga (TRN/ATP)

Puo ya Gae: Setswana



Mophato 3 Kgweditaro 1



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Matseno

Barutabana ba kgato ya motheo ba ba rategang,

Leroborobo la COVID-19 le re tlogetse ka kgwetlho e tona mo go tsa thuto. Fa re tla bo re boela kwa tirisong e e tlwaelegileng ya dikolo, rotlhe re tshwanetse go dira ka botlhale le ka natla go netefatsa gore tsamaiso ya dithuto e boela mo maemong.

Se, se botlhokwa thata mo kgatong ya motheo kwa bana ba ithutang motheo wa dikgono tsa go buisa le go kwala. Aforika Borwa e go tlhoka gore o dire ka bojotle go tlhomelela barutwana ba gago ka dikgono tse gore ba se ithute fela go buisa, mme kwa bofelong ba kgone go 'ithuta go buisa.'

Lokwalo lo, lo diretswe go go thusa go fitlhelela se. Ka go dira le go latela thulaganyo e, re na le tsholofelo ya gore o ka rarabolola tatlhegelo ya nako ya go ruta le go ithuta mme wa baya barutwana mo maemong a ba tshwanetseng go nna mo go ona.

Re go lebogela go ya pele ka maitlamo, boineelo le bonatla jo bo tlhokegang go tswa mo go wena.

O tota o aga setšhaba sa rona.

Re lo eleletsa kgweditharo e ntle go ya pele,

Setlhophu sa NECT sa Puo ya Gae

Ditlhokego tsa Poelomaemong ya Thulaganyo ya go Ruta ya Ngwaga (TRN/ATP)

- Go na le dibeke di le 10 mo kgweditharong ya 4 ya poelomaemong ya Thulaganyo ya go Ruta ya Ngwaga (TRN/ATP) ya DBE.
- Dibeke tse 2–3 tsa ntlha mo mophatong wa 3, ke tsa boineelo jwa go dira ditirwana tsa tlhatlhobo ya motheo go netefatsa fa barutwana botlhe ba siametse go nna mo mophatong wa 3.
- Dibeke tse di 10 tse, di kgaogantswe ka ditsheko tsa go ithuta tse 5.
- Mo tshekong nngwe le nngwe ya beke ya 2, dikarolo tsotlhe tsa go ithuta puo di tshwanetse go diriwa ka tsela e e latelang, go dirisiwa nako e e kwa tlase:

PALOTLASE YA CAPS KABO YA NAKO	MOPHATO 1	Mophato 3	MOPHATO 3
Go reetsa & Go bua	45 metsotso	45 metsotso	45 metsotso
Go buisa & Medumopuo	4:30 metsotso	4:30 metsotso	4:30 metsotso
Mokwalo	1 ura	45 metsotso	45 metsotso
Go kwala	45 metsotso	1 ura	1 ura
PALOGOTLHE	7 DIURA	7 DIURA	7 DIURA

Dikgono tsa Puo ya Gae

- Poelomaemong ya TRN ya Puo ya Gae e rulagantswe go bontsha barutabana gore ke dikgono dife tse ba tshwanetseng go di aga mo karolwaneng nngwe le nngwe ya puo.
- Go botlhokwa go ela tlhoko gore dibeke dingwe le dingwe tse pedi, dikgono tse di tshwanetseng go godisiwa di batlile di tshwana go ya ka dikarolwana, ka jalo go na le poeletso go godisa le go kopanya dikgono tse.

Diteng tsa Puo ya Gae

- Tsheko nngwe le nngwe ya dibeke tse pedi, barutabana ba tshwanetse go tlhopha thitokgang.
- Thitokgang e, e tlhalosa diteng tsa modikologo oo.
- Ka sekai, fa morutabana a tlhopha thitokgang '**Rotlhe re ya sekolong**', go raya gore diteng tsotlhe di tshwanetse go amana le thitokgang go akaretsa tse di latelang:
 - Tlotlofoko** e e rutilweng, sekai: **buisa, golaganya, ithuta, China, mophato wa boraro jalojalo**, jalojalo.
 - Diraeme kgotsa dipina** tse di rutilweng, sekai: **Ke rata go buisa le go kwala**
 - Kgang ya **puisokopanelo** e e buisitsweng, sekai: Kgang ya setlhogo: **Mophato wa boraro mo Aforika Borwa le China**
 - Tirwana ya go kwala** e barutwana ba tshwanetseng go e dira, sekai: **Kwala ditemana tse 2 ka se barutwana ba se dirang mo Aforika Borwa le kwa China.**

Medumopuo le Puisokaelo ka Ditlhophha

- Diteng tse di sa amaneng le thitokgang ke medumopuo le lenaneo la puisokaelo ka ditlhophha fela.
- Gore o kgone go ithuta go buisa, barutwana ba tshwanetse go rutiwa medumo ya puo ka tatelano, go kopanya le go kgaoganya medumo e.

- Go tsweng foo, ba tshwanetse go ikatisa go buisa mafoko le dikgang ba dirisa kitso ya bona ya medumopuo go dumisa mafoko.

Tlanya re bone gore ke dikgono le diteng dife tse di leng mo lenaaneng la TRN (ATP) ya Mophato 3 Kgweditharo 1:

TSHOBOKANYO YA POELOMAEMONG YA TRN: MOPHATO 3 KGWEDITHARO 1
GO REETSA LE GO BUA
<ol style="list-style-type: none"> 1 Araba dipotso le go neela mabaka a karabo e o e neetseng 2 Tlotla ka maitemogelo a gago a botshelo. Sekao, o tlotle dikgang o thadisa maikutlo le kakanyo 3 Tlhagisa maikutlo ka ga setlhangwa o be o neele mabaka 4 Reetsa kwa ntle ga go tsenwa gare, o supe tlotlo fa sebui se bua le go refosana go bua 5 Reetsa tatelano ya ditaello tse di raraaneng (bonnye di le 4) le go di tsibogela ka tshwanelo 6 Dirisa puo e e maleba fa o bua le ditsala tsa gago le bagolo 7 Reetsa dintlha tsa botlhokwa tsa kgang 8 Botsa dipotso go tlhologanya o be o tshwaela ka se o se utlwileng 9 Nna le seabe mo dipuisanong, o botse dipotso, supa masisi mo ditshwaelong le mo maikutlong a ba bangwe
MEDUMOPUO
<p><i>Ntlha go morutabana:</i></p> <ul style="list-style-type: none"> • <i>Netefatsa gore o aga le go kgaoganya mafoko:</i> <ul style="list-style-type: none"> • <i>Ka kutlo (temogo ya medumopuo)</i> • <i>Ka kutlo le ka pono (medumopuo)</i>
<p><i>Motheo:</i></p> <ol style="list-style-type: none"> 1 Supa kamano ya modumo wa tlhaka le leina la tlhaka ya ditlhakanngwe 2 Lemoga ditumanosi tse di pataganeng tse di emelang modumo o le mongwe tse di rutilweng mo Mophato 2., Sk. 'oa', 'ea', 'ee', 3 Lemoga le go dirisa mafoko a a rumang mmogo mo dinokong sk. noka, roka, leka 4 Bopa mafoko a dirisa medumopuo <p><i>Kgweditharo 1:</i></p> <ol style="list-style-type: none"> 1 Ithute go peleta mafoko a le lesome mo bekeng go tswa mo thutong ya medumopuo le tlotlofoko 2 Bopa mafoko a a nang le ditlhaka di le 3, 4, 5 o dirisa ditumammogo le ditumanosi tsa ditlhaka tse di pataganeng tse di dumisiwang mmogo tse di rutilweng mo kgweditharong e. 3 Lemoga gore medumo mengwe e ka emelwa ke tlhopho ya mepeleto e e farologaneng, sekao: podi le pula 4 Kgaoganya ditlhaka le mafoko ka tatelano ya dialefabete 5 Peleta mafoko ka nepo o dirisa kitso ya medumopuo 6 Kwala dipolelo di le tharo tse dikhutshwane tse o di bileliwang ke morutabana 7 Lemoga le go buisa: <ol style="list-style-type: none"> a Ditlhakanngwe, ditumammogo le ditumanosi tse di pataganeng tse di rutilweng mo mophatong wa 2 b Lemoga ditumammogo tse di pataganeng tse di dumisiwang mmogo (tl, th, kg, ng) mo tshimologong le mo bokhutong jwa mafoko (th – tha-ga; ng-se-kgwe-ng; tlh – tlha-ge-ng; kg – kgo-ro-ng) c Ditumanosi tse di pataganeng di rutilwe mo mophatong wa 2 d Ditumammogo le ditumanosi tse dintšhwa tse di rutilweng mo mophatong wa 3 e Lemoga medumo e e sa utlwaleng mo mafokong, sk. 'o' wa bobedi mo go 'Pooe' ga a utlwale; 'u' wa bobedi mo go 'thuu' ga a utlwale 'maaka' a wa bobedi ga a utlwale

MOKWALO

- 1 Dirisa didiriswa tsa go kwala ka nepo
- 2 Tsenya diphatlha mo go maleba mo mafokong a a mo moleng
- 3 Kwala polelo sentle le ka nepo mo mokwalokgatisong le mokwalo o o tshwaraganeng
Mofuta wa mokwalo o tla newa tshedimose tso ke pholisi ya mokwalo ya sekolo kgotsa ya porofense
- 4 **Bopa, kwalolola le go kwala ka mokwalokgatiso kgotsa mokwalo o o tshwaraganeng:**
 - a Bonnye ditlhaka di le pedi
 - b Mafoko a makhutshwane
 - c Dipolelo tse dikhutshwane
 - d Ditlhakagolo le ditlhakanye tsotlhe

PUISOKAELO KA DITLHOPHA

Ntlha go morutabana:

- *Baya barutwana ka ditlhopha tsa bokgoni jwa bona jwa go buisa.*
- *Tlhopha ditlhangwa/dibuka tsa maemo a a nepagetseng a setlhopha.*
- *Reetsa mongwe le mongwe wa setlhopha a buisa ka nosi mme o ba kaele fa ba ntse ba buisa.*

- 1 O aga tlotlofoko
- 2 Buisa ka setu le kwa godimo go tswa mo bukeng ya gago mo puisokaelo ka ditlhopha le morutabana, ke gore, setlhopha sotlhe se buisa kgang e le nngwe mo kगतong ya puisokaelo le setlhopha
- 3 Dirisa medumopuo, mo bokaong jwa dikgono tsa temogo ya popego ya mafoko fa ba buisa ka setu le kwa godimo
- 4 Dirisa ditogamaano tsa go itshiamisa fa o buisa: go buisa gape, go kgaotsa le go ikatisa go bua lefoko pele ga ba le buela kwa godimo
- 5 Itekole fa o buisa, o lemoge le go tlhaloganya mafoko
- 6 Bontsha go tlhaloganya matshwao puiso (khutlo, letshwao la potso, letshwao la tsiboso, letshwao la ditsejwana) fa o buisetsa kwa godimo.
- 7 Buisetsa kwa godimo le ka setu go tswa mo bukeng ya gago mo puisokaelong ka ditlhopha le morutabana, ke gore, ditlhopha tsotlhe di buisa setlhangwa se se tshwanang go ya ka maemo a puiso le go rutiwa ga setlhopha

PUISO KA NOSI

- 1 Buisa ka bowena: dibuka tsa ditshwantsho, dikarata tsa maboko, ditlhangwa tsa kwa laeborari kgotsa sekhutlwana sa go buisa sa phaposi
- 2 Tshameka motshameko wa puiso le go feleletsa malepa a mafoko go tlaleletsa puiso le bokgoni jwa tlotlofoko.

PUISOKOPANELO

- 1 Buisa ditlhangwa tse di godisitsweng ka mo phaposing le morutabana/ reetsa le go latela fa morutabana a buisa buka
- 2 O tlhalosa moanelwamogolo le kakanyokgolo
- 3 Araba dipotso tsa maemo a a kwa godimo pele, ka nako le morago ga puiso ya setlhangwa sa kopanelo
- 4 Lemoga matshwao a ditsejwana go bontsha puosebui mo mokwalong wa kgang
- 5 **Tsepama mo:**
 - a dithutong tsa go gatisa
 - b Dikarolwana tsa puo ya setlhangwa
 - c Go tlhaloganya le maemo a a farologaneng
 - d Dipaterone tsa puo

GO KWALA

Ntlha go morutabana:

- *Dirisa ditirwana tsa go kwala ga kopanelo go diragatsa thulaganyo ya go kwala (go rulaganya, kwalo ya ntlha le phasalatso).*
- *Naya letlhomeso la go kwala go thusa barutwana go kwala dikgang tsa bona.*

- 1** Tshwantsha ditshwantsho le go kwala dipolelo go bontsha fa o tlhaloganya kgang
- 2** Itlhamela lenaane le thanodi ya mafoko o dirise tlhaka e e simololang lefoko
- 3** Kwala setlhangwa ka tatelano a dirisa mafoko a a jaaka “lantlha”, “latelang” le “bofelong”
- 4** Dirisa kitso ya medumopuo le melao ya mopeleto go kwala mafoko a a sa tlwaelegang
- 5** Abelana ka dikakanyo, mafoko le dipolelo mo kgannyeng ya mo phaposing (mokwalokopanelo)
- 6** Dirisa ditshwantsho go tlhopha setlhogo se o kwalang ka sona
- 7** Tlotla le tsala ya gago go simolola go ipaakanyetsa go kwala
- 8** Botsa dipotso go thusa go ranola tiro ya go kwala
- 9 O fetsa tiro ya go kwala, go akaretsa go rulaganya, kwalo ya ntlha le go phasalatsa:**
 - a** O kwala dikgang tsa gagwe
 - b** Kwala bonnye temana e le nngwe ya dipolelo di le robedi (jaaka. dikgang tsa gago, kgang ya boitlhamedi)
 - c** O kwalela tsala ditaalo
 - d** Kwala le go thadisa dipolelo ka setlhogo, go nna le seabe mo bukeng ya laeborari ya phaposi
- 10 Lemoga le go dirisa puo ka nepagalo, go akaretsa:**
 - a** O dirisa diphegelwana go kwala lenaane
 - b** Matshwao a puo a a nepagetseng: ditlhakakgolo, dikhutlo, matshwao a potso, diphegelwana, matshwao a tsiboso le ditsejwana
 - c** Dirisa tumelano ya sediri le lediri ka tshwanelo
 - d** Dirisa pakajaanong, pakapheti le pakatlang ka tshwanelo

Dira tsamaiso ya ka metlha go ithuta puo

- Tsela e e siameng ya go netefatsa gore o dirisa nako ka nepagalo le go dira dikgono tsothe tsa TRN, ke go dira tsamaiso ya ka metlha ya go ithuta puo.
- Fa tlase ke tsamaiso ya beke le beke e e akantshitsweng mme e ka dirisiwa mo modikologong wa dibeke di le pedi.
 - Tsamaiso ya beke le beke e dirisa BONNYE JWA NAKO ya Puo ya Gae (7 diura)
 - Tsamaiso ya beke le beke e lekanyeditswe go dirisiwa mo mephatong yotlhe.

Tsamaiso ya beke le beke e akantshitsweng ya Kgato ya Motheo ya Puo ya Gae

DIKHUTSHWAFATSO: R&B: Reetsa le go Bua, P&M: Puiso le Medumopuo, M: Mokwalo, GK: Go kwala

LETSATSI	KAROLWANA	TIRWANA	NAKO: PALOGOTLHE	NAKO: R&B	NAKO: P&M	NAKO: M	NAKO: GK
Mosupologo	GO REETSA LE GO BUA	Ditirwana tsa molomo	15 metsotso	15 metsotso			
	MOKWALO	Tlhatlho e e sa tlhomamang	15 metsotso		15 metsotso		
	PUISO LE MEDUMOPUO	Puisokopanelo	15 metsotso	15 metsotso			
	GO KWALA	Go kwala ga kopanelo le thulaganyo ya go kwala	30 metsotso				30 metsotso
Labobedi	PUISO LE MEDUMOPUO	Puisokaelo ka ditlhophha	30 metsotso		30 metsotso		
	PUISO LE MEDUMOPUO	Ruta modumo o montshwa le mafoko	15 metsotso	15 metsotso			
	MOKWALO	Ruta tlhaka e ntshwa le mafoko	15 metsotso			15 metsotso	
	PUISO LE MEDUMOPUO	Puisokopanelo	15 metsotso		15 metsotso		
Laboraro	PUISO LE MEDUMOPUO	Puisokaelo ka ditlhophha	30 metsotso		30 metsotso		
	GO REETSA LE GO BUA	Ditirwana tsa molomo	15 metsotso	15 metsotso			
	PUISO LE MEDUMOPUO	Ruta modumo o montshwa le mafoko	15 metsotso		15 metsotso		
	MOKWALO	Ruta tlhaka e ntshwa le mafoko	15 metsotso			15 metsotso	
Labone	GO KWALA	Go kwala ga kopanelo le thulaganyo ya go kwala	30 metsotso				30 metsotso
	PUISO LE MEDUMOPUO	Puisokaelo ka ditlhophha	30 metsotso		30 metsotso		
	PUISO LE MEDUMOPUO	Katso ya medumopuo	15 metsotso		15 metsotso		
	PUISO LE MEDUMOPUO	Puisokopanelo	15 metsotso		15 metsotso		
Labotlhano	PUISO LE MEDUMOPUO	Puisokaelo ka ditlhophha	30 metsotso		30 metsotso		
	GO REETSA LE GO BUA	Ditirwana tsa molomo	15 metsotso	15 metsotso			
	PUISO LE MEDUMOPUO	Katso ya medumopuo	15 metsotso		15 metsotso		
	PUISO LE MEDUMOPUO	Puisokopanelo	15 metsotso		15 metsotso		
	PUISO LE MEDUMOPUO	Puisokaelo ka ditlhophha	30 metsotso		30 metsotso		
			7 diura	45 metsotso	4 diura	45 metsotso	1 ura

A o kgona go bona gore kabo ya nako ya karolwana nngwe le nngwe e nepagetse?

Ditirwana tse di akantshitsweng tsa Kgato ya Motheo ya Puo ya Gae (e bua ka ditlhokego tsa TRN/ATP)

- Gonne bontsi jo bo tshwanang ba dikgono bo tshwanetse go godisiwa, e ka nna kakanyo e ntle go dira ditirwana tse di tshwanang beke nngwe le nngwe.
 - Netefatsa gore o dira dikgono tsotlhe tse di tlhokegang go ya ka TRN(ATP).
 - E dira gape gore go ruta le go ithuta go diriwe sentle gonne fa wena le barutwana le setse le tlwaetse ditirwana tse, ga o senye nako ka go tlhalosa.
- Thulaganyo e e fa tlase e akantsha ditirwana tsa ka metlha tse o ka di dirang beke nngwe le nngwe go wetsa ditlhokego tsa TRN(ATP)
- Fa e le gore go na le dikgono tse di kgethegileng kgotsa thuto e e tshwanetseng go diriwa (go ya ka ATP) tsotlhe tse di latelang di tshwanetse go akarediwa.
- Ela tlhoko: Barutabana ba tshwanetse go dirisa ditirwana tsa Bukatiro ya DBE fa go tshwanela.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Mosupologo	GO REETSA LE GO BUA	Ditirwana tsa molomo	<ul style="list-style-type: none"> • Itsise thitokgang • Ruta mafoko a 3 a tlotlofoko ya thitokgang • Ruta pina kgotsa raeme • Barutwana ba oketsa ka mafoko mo dibukeng tsa bona tsa tlotlofoko
	MOKWALO	Tlhatlhobo e e sa tlhomamang	<ul style="list-style-type: none"> • Naya barutwana tlhatlhobo e e sa tlhomamang go bona fa ba gopola medumo le mafoko a a rutilweng. • Gape lekola mokwalo – mokwalo o o tshwaraganeng, go bopa tlhaka, ditlhakagolo le diphatlha mo gare ga mafoko. • Kopa barutwana go kwala mafoko a 10 a a tswang mo dithutong tsa medumopuo le mafoko a pono
	PUISO & MEDUMOPUO	Puisokopanelo PELE GA PUIISO	<ul style="list-style-type: none"> • Puiso ya pele • Bontsha barutwana ditshwantsho tsa kgang. • Ba kope go bua se se diragalang. • Ba kope go dira ponelopele. • Ba kope fa ba ka se lemoge lefelo la kgang.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Mosupologo	GO KWALA (Tsheko ya beke 1)	Go kwala ga kopanelo le thulaganyo ya go kwala: GO RULAGANYA	<ul style="list-style-type: none"> • Bolelela barutwana setlhogo sa go kwala. • Bolelela barutwana tiro ya go kwala e o e tlhophileng sekai.: <ul style="list-style-type: none"> a Kwala dikgang tsa gagwe b Kwala bonnye temana e le nngwe e e nang le dipolelo di le robedi ka dikgang tsa gago, kgang ya boitlhamedi c O kwalela tsala ditaelo d Kwala le go thadisa dipolelo di le thataro go ya go robedi ka setlhogo, go nna le seabe mo bukeng ya laeborari ya phaposi • Ruta barutwana fomete ya mekgwa e e farologaneng ya go kwala pele ba e dirisa • Bontsha barutwana go RULAGANYA kwalo ya bona ba dirisa ditogamaano tse di farologaneng tsa pele ga go kwala. Sekai.: <ul style="list-style-type: none"> a Bua le molekane b Go dira mmapa wa tlhaloganyo c Dirisa letlhomeso la go rulaganya • Bolelela barutwana go feleletsa dithulaganyo tsa bona (ba seka ba kopisa)
	GO KWALA (Tsheko ya beke 2)	Go kwala ga kopanelo le thulaganyo ya go kwala: GO SIAMISA	<ul style="list-style-type: none"> • Kwala kwalo ya ntlha ya gago mo patitšhokong. • Kwala lenaane la go siamisa mo patitšhokong, a akaretsa dintlha ka ga: <ul style="list-style-type: none"> a Diphegelwana go kwala lenaane b Matshwao a puo a a nepagetseng: ditlhakakgolo, dikhutlo, matshwao a potso, diphegelwana, matshwao a tsiboso le ditsejwana c Dirisa tumelano ya sediri le lediri ka tshwanelo d Pakajaanong, pakaphethi le pakatlang • Bontsha barutwana gore ba SIAMISE jang go kwala ga bona ba dirisa lenaanetekolo (go kwala ga kopanelo) • Bolelela barutwana go buisa le go siamisa tiro ya bona kgotsa ya molekane mme ba neye pegelo.
	PUISO & MEDUMOPUO	Puisokaelo ka ditlhopha 2 DITLHOPHA X 15 METSOTSO SETLHOPHA SENGWE LE SENGWE	<ul style="list-style-type: none"> • Baya barutwana mo maamong a a siameng ka go dira medumopuo kgotsa tirwana ya go buisa (puiso ka bobedi kgotsa ka nosi) • Buisa go tswa mo ditlhangweng kgotsa mo Bukatirong ya DBE. • Bitsa setlhotshwana go dira le wena (setlhopha sa bokgoni jo bo tshwanang) • Boeletsa medumopuo le mafoko a pono le setlhopha. • Naya setlhopha setlhangwa sa maemo a bona. • Reetsa morutwana mongwe le mongwe a buisa ka nosi.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Labobedi	PUISO & MEDUMOPUO	Ruta modumo o montšhwa le mafoko	<ul style="list-style-type: none"> • Dira ka go latela lenaneo la medumopuo ya puo ya gago. • Ruta barutwana go buisa modumo o montšhwa. • Ba rute go buisa mafoko a a nang le modumo o montšhwa le medumo e e rutilweng (mafoko a a dumisegang) • Ba bontshe gore ba kgaoganye le go kopanya mafoko jang. • Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.
	MOKWALO	Ruta tlhaka e ntšhwa le mafoko	<ul style="list-style-type: none"> • Ke kakanyo e e siameng go bapisa mokwalo le medumopuo. • Ruta barutwana go kwala tlhaka kgotsa modumo o ba ithutileng ona. (Mephato 2&3 – mokwalo o o kopaneng) • Ruta barutwana go kwala mafoko le dipolelo tse di dirisang modumo. • Siamisa mokgwa o barutwana ba tshwarang diphensele ka teng, go nna, go bopa tlhaka, go tlogela diphatlha mo magareng le bogolo ba ditlhaka. • Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.
	PUISO & MEDUMOPUO	Puisokopanelo PUISO YA NTLHA	<ul style="list-style-type: none"> • Puiso ya ntlha • Buisetsa barutwana kgang ka thelelo le ka maikutlo. • Ema go tlhalosa fa go tlhokega. • Ba lemose le go ba tlhalosetsa dikarolo tsa puo, go akaretsa: <ul style="list-style-type: none"> a Diphegelwana go kwala lenaane b Matshwao a puo a a nepagetseng: ditlhakagolo, dikhutlo, matshwao a potso, diphegelwana, matshwao a tsiboso le ditsejwana c Dirisa tumelano ya sediri le lediri ka tshwanelo d Pakajaanong, pakaphethi le pakatlang • Morago ga puiso, botsa mefuta ya dipotso e e latelang: <ul style="list-style-type: none"> a Lemoga kakanyokgolo, baanelwa bagolo le lefelo b Kakanyo (a o ratile / ke eng se o se gopotseng ka / jj) le lebaka la kakanyo ya gagwe jaaka: Goreng? c Setlholo le ditlamorago
Labobedi	PUISO & MEDUMOPUO	Puisokaelo ka ditlhopha DITLHOPHA 2 X 15 METSOTSO SETLHOPHA SENGWE LE SENGWE	<ul style="list-style-type: none"> • Baya barutwana mo maemong a a siameng ka go dira medumopuo kgotsa tirwana ya go buisa (puiso ka bobedi kgotsa ka nosi) • Buisa go tswa mo ditlhangweng kgotsa mo Bukatirong ya DBE. • Bitsa setlhotshwana go dira le wena (setlhopha sa bokgoni jo bo tshwanang) • Boeletsa medumopuo le mafoko a pono le setlhopha. • Naya setlhopha setlhangwa sa maemo a bona. • Reetsa morutwana mongwe le mongwe a buisa ka nosi.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Laboraro	GO REETSA LE GO BUA	Ditirwana tsa molomo	<ul style="list-style-type: none"> • Ruta mafoko a tlotlofoko ya thitokgang a 3 • Opela pina kgotsa bua raeme • Dira tirwana ya molomo e nngwe sekao: <ul style="list-style-type: none"> a Akantsha ka ditharabololo tsa bothata ba setlhangwa b Kanelokgang ya maitlhamelo – Kopa barutwana go itlhamela setlhogo sa kgang mme ba abelane le ditsala tsa bona c Buisana ka ditharabololo tsa bothata ba dirisa dikgono tsa go akanya tse maemo a a kwa godimo. d Anela kgang e e nang le tshimologo, bogare/mmele le bokhutlo e Dira ditlhagiso tsa molomo, o anela kgang kgotsa o bua ka maitemogelo a gagwe ka tatelano ya ditiragalo f O anela kgang a dirisa puo e e tlhalosang, go bua ka matsogo le tiriso ya sefatlhego g Dirisa puo ka boikakanyetsi a dira metlae le go tlhaba dithamalakwane h Kgang ya boitlhamedi – Kopa barutwana go itlhamela dikgang ka dithitokgang mme ba abelane le molekane i Barutwana ba oketsa ka mafoko a mantšhwa mo dibukeng tsa bona tsa tlotlofoko
	PUISO & MEDUMOPUO	Ruta modumo o montšhwa le mafoko	<ul style="list-style-type: none"> • Dira ka go latela lenaneo la medumopuo ya puo ya gago. • Ruta barutwana go buisa modumo o montšhwa. • Ba rute go buisa mafoko a a nang le modumo o montšhwa le medumo e e rutilweng (mafoko a a dumisegang) • Ba bontshe gore ba kgaoganye le go kopanya mafoko jang. • Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Laboraro	MOKWALO	Ruta tlhaka e ntšhwa le mafoko	<ul style="list-style-type: none"> Ke kakanyo e e siameng go bapisa mokwalo le medumopuo. Ruta barutwana go kwala tlhaka kgotsa modumo o ba ithutileng ona. (Mephato 2&3 – mokwalo o o kopaneng) Ruta barutwana go kwala mafoko le dipolelo tse di dirisang modumo. Siamisa mokgwa o barutwana ba tshwarang diphensele ka teng, go nna, go bopa tlhaka, go tlogela diphatlha mo magareng le bogolo ba ditlhaka. Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.
	GO KWALA (Tsheko ya beke 1)	Go kwala ga kopanelo le thulaganyo ya go kwala KWALO YA NTLHA	<ul style="list-style-type: none"> Gopotsa barutwana ka tiro ya go kwala. Kwala thulaganyo ya gago mo patitšhokong. Kwala letlhomeso la go kwala mo patitšhokong. Bontsha barutwana go dira KWALO YA NTLHA (go kwala ga kopanelo) Bolelela barutwana go dirisa thulaganyo ya bona le letlhomeso go dira kwalo ya ntlha ya bona.
	GO KWALA (Tsheko ya beke 2)	Go kwala ga kopanelo le thulaganyo ya go kwala PHASALATSO LE KABELANO	<ul style="list-style-type: none"> Gopotsa barutwana ka tiro ya go kwala. Kwala kwalo ya gago ya ntlha le ditshiamiso mo patitšhokong. Lebelela ditshiamiso gape. Bontsha barutwana gore ba ka PHASALATSA jang se ba se kwadileng ka go se kwala gape ka makgethe kwantle ga diphoso le go tsenya setshwantsho. Bolelela barutwana go phasalatsa tiro ya bona. Bolelela barutwana go abelana ka se ba se kwadileng le molekane – ba buisetsane.
	PUISO & MEDUMOPUO	Puisokaelo ka ditlhopha DITLHOPHA 2 X 15 METSOTSO SETLHOPHA SENGWE LE SENGWE	<ul style="list-style-type: none"> Baya barutwana mo maemong a a siameng ka go dira medumopuo kgotsa tirwana ya go buisa (puiso ka bobedi kgotsa ka nosi) Buisa go tswa mo ditlhangweng kgotsa mo Bukatirong ya DBE. Bitsa setlhotshwana go dira le wena (setlhopha sa bokgoni jo bo tshwanang) Boeletsa medumopuo le mafoko a pono le setlhopha. Naya setlhopha setlhangwa sa maemo a bona. Reetsa morutwana mongwe le mongwe a buisa ka nosi.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Labone	PUISO & MEDUMOPUO	Katiso ya medumopuo	<ul style="list-style-type: none"> • Boeletsa medumo e mebedi e e rutilweng ka Labobedi le Laboraro. • Dira tirwana ya medumopuo le barutwana botlhe sekai: <ul style="list-style-type: none"> a Kopanya medumo go dira mafoko b Kgaoganya mafoko ka medumo. c Kgaoganya mafoko ka dinoko d Kgaoganya mafoko ka modumo wa ntlha wa lefoko le noko ya bofelo ya lefoko. e Baya mafoko a a tsamayang mmogo ka setlhopha. f Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.
	PUISO & MEDUMOPUO	Puisokopanelo PUISO YA BOBEDI	<ul style="list-style-type: none"> • Puiso ya bobedi • Buisetsa barutwana kgang ka thelelo le maikutlo. • Morago ga puiso, botsa dipotso tse di akaretsang: <ul style="list-style-type: none"> a Tatelano (ke eng se se diragetseng la ntlha, se se latelang, bokhutlo) b Kakanyo (a o ratile / ke eng se o se akantseng / jj) le go naya lebaka la kakanyo ya gago c Maemo a kwa godimo (go akaretsa setlhola le ditlamorago) d Dirisa dikgono tsa tshekatsheko tsa go ribolola bokao, tiriso le popego le dikgono tsa go tlhaloganya go itirela bokao e Buisana ka bothata jwa kgang, ditiragalo le maitseo mo setlhangweng • Kopa barutwana go itlhamela dipotso tsa bona ka setlhangwa, mme ba botse molekane.
	PUISO & MEDUMOPUO	Puisokaelo ka ditlhopha DITLHOPHA 2 X 15 METSOTSO SETLHOPHA SENGWE LE SENGWE	<ul style="list-style-type: none"> • Baya barutwana mo maemong a a siameng ka go dira medumopuo kgotsa tirwana ya go buisa (puiso ka bobedi kgotsa ka nosi) • Buisa go tswa mo ditlhangweng kgotsa mo Bukatirong ya DBE. • Bitsa setlhotshwana go dira le wena (setlhopha sa bokgoni jo bo tshwanang) • Boeletsa medumopuo le mafoko a pono le setlhopha. • Naya setlhopha setlhangwa sa maemo a bona. • Reetsa morutwana mongwe le mongwe a buisa ka nosi.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Labotlhano	GO REETSA LE GO BUA	Ditirwana tsa molomo	<ul style="list-style-type: none"> • Ruta mafoko a 3 a tlotlofoko ya thitokgang. • Opela pina kgotsa o bue raeme. • Dira tirwana ya molomo e nngwe sekai: <ul style="list-style-type: none"> a Baya barutwana ka ditlhopho go buisana ka setlhangwa, ba dirisa letlhomeso (Ke rata... / Ga ke a rata... / Ke akanya gore setlhangwa se se kwaletswe go...) b Kanelokgang ya boitlhamelo – Kopa barutwana go dira ka ditlhopho mme batle ka kgang e le nngwe ya thitokgang. c Anela kgang e e nang le tshimologo, bogare le bokhutlo d Dira ditlhagiso tsa molomo, o anela kgang kgotsa o bua ka maitemogelo a gagwe ka tatelano ya ditiragalo e O anela kgang a dirisa puo e e tlhalosang, go bua ka matsogo le tiriso ya sefatlhego f Dirisa puo ka boikakanyetsi a dira metlae le go tlhaba dithamalakwane
	PUISO & MEDUMOPUO	Katiso ya medumopuo	<ul style="list-style-type: none"> • Boeletsa medumo e mebedi e e dirilweng ka Labobedi le Laboraro mmogo le medumo e mengwe e e rutilweng mo kgweditharong e. • Dira tirwana ya medumopuo le barutwana botlhe sekai: <ul style="list-style-type: none"> a Kopanya medumo go dira mafoko. b Kgaoganya mafoko ka medumo le dinoko. c Aga mafoko o dirisa medumo – Batla Lefoko d Kwala dipolelo tsa gagwe a dirisa mafoko a medumopuo. e Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Labotlhano	PUISO & MEDUMOPUO	Puisokopanelo PUISO YA MORAGO	<ul style="list-style-type: none"> • Puiso ya morago • Dira tirwana e e tla go akanyisang ka kgang mo go tseneletseng sekai: <ul style="list-style-type: none"> a Anela kgang le molekane – mongwe le mongwe mo setlhopheng o anela karolo ya kgang ka tatelano e e nepagetseng. b Tshobokanyo – morutwana mongwe le mongwe o bolelela molekane ka dipolelo tse 2–3 gore kgang e ne e bua ka ga eng. c O dira jaaaka ekete o dira dipotsotherisano le moanelwa mo kgannyeng. d O bua ka kgang e O oketsa ka mafoko le ditlhaloso mo thanoding. • O dira ditlhagiso tsa molomo ka kgang • O anela kgang a dirisa puo e e tlhalosang, mekgwa e e farologaneng ya puo ya matsogo le tiriso ya sefatlhego • Tlhagisa maikutlo le dikakanyo ka ga setlhangwa o bo a neele mabaka
	PUISO & MEDUMOPUO	Puisokaelo ka ditlhopha DITLHOPHA 2 X 15 METSOTSO SETLHOPHA SENGWE LE SENGWE	<ul style="list-style-type: none"> • Baya barutwana mo maemong a a siameng ka go dira medumopuo kgotsa tirwana ya go buisa (puiso ka bobedi kgotsa ka nosi) • Buisa go tswa mo ditlhangweng kgotsa mo Bukatirong ya DBE. • Bitsa setlhotshwana go dira le wena (setlhopha sa bokgoni jo bo tshwanang) • Boeletsa medumopuo le mafoko a pono le setlhopha. • Naya setlhopha setlhangwa sa maemo a bona. • Reetsa morutwana mongwe le mongwe a buisa ka nosi.

A o lemogile gore mo karolwaneng nngwe le nngwe, tsamaiso ya ka metlha e a dirisiwa? Bona fa e le gore o lemogile tsamaiso ya ka metlha e e akareditsweng:

DITIRWANA TSA MOLOMO

Mosupologo: Itsise thitokgang, ruta tlotlofoko, ruta pina kgotsa raeme

Laboraro: Ruta tlotlofoko, opela pina kgotsa raeme, dira tirwana e nngwe.

Labotlhano: Ruta tlotlofoko, opela pina kgotsa raeme, dira tirwana e nngwe.

MEDUMOPUO & MOKWALO

Mosupologo: Dira tlhatlhobo e e sa tlhomamang go lekola kitso ya medumopuo le mokwalo.

Labobedi: Ruta medumo e mentšhwa le mafoko; ruta gore o kwala jang ditlhaka le mafoko.

Laboraro: Ruta medumo e mentšhwa le mafoko; ruta gore o kwala jang ditlhaka le mafoko.

Labone: Dira tirwana ya go ikatisetsa go dirisa medumopuo.

Labotlhano: Dira tirwana ya go ikatisetsa go dirisa medumopuo e e rutilweng.

PUISOKOPANELO

Mosupologo: Pele ga puiso

Labobedi: Puiso ya ntlha

Labone: Puiso ya bobedi

Labotlhano: Morago ga puiso

GO KWALA

Beke 1 Mosupologo: Go rulaganya

Beke 1 Laboraro: Kwalo ya ntlha

Beke 2 Mosupologo: Go siamisa

Beke 2 Laboraro: Go phasalatsa le kabelano

A se se go naya tlhaloganyo? Ke diphetogo dife tse o neng o ka di dira?



Medumopuo le Puisokaelo ka ditlhopha



Jaaka morutabana wa kgato ya motheo, maikarabelo a mangwe a gago ke go netefatsa gore barutwana botlhe ba kgona go buisa!

Dikaedi dingwe tse di botlhokwa tse o tshwanetseng go di latela go ruta medumopuo ke:

1 Go netefatsa gore o na le lenaneo la medumopuo le le feletseng, le akaretsa medumo yotlhe ya puo ya gago.

- Lenaneo la medumopuo ya Puo ya gae ya Setswana la NECT le neetswe fa tlase – lokologa go le dirisa kgotsa go dirisa lenaneo la medumopuo lengwe le lengwe le le rulagantsweng ke porofense, kgaolo kgotsa sekolo sa gago.

2 Dirisa lenaneo la medumopuo la gago ka tatelano. Modumo mongwe le mongwe:

- Netefatsa gore barutwana ba utlwa modumo mme ba lemoga modumo mo mafokong.
- Ruta barutwana kamano ya tlhaka le modumo – gore modumo o lebega jang.
- Ba ikatisetse go kopanya medumo le medumo e mengwe e ba e itseng go dira mafoko.
- Buisa setlhangwa se se akaretsang mafoko a a dirisang modumo.
- Boeletsa medumo yotlhe e e rutiwang ka metlha.

Dikaedi dingwe tse di botlhokwa tse o tshwanetseng go di latela go ruta go buisa ke:

- 1** Rulaganya barutwana ka bokgoni jwa go buisa jo bo tshwanang.
- 2** Bitsa setlhopha sengwe le sengwe go go buisetsa bonnye gangwe mo bekeng.
- 3** Leka go reetsa barutwana ba ba kgaratlhang ba buisa gabedi kgotsa gararo mo bekeng.
- 4** Dirisa setlhangwa sa maemo a a tshwanetseng – ka ditlhopha tse dingwe, o ka tshwanelwa ke go dira poeletso ya medumo le go aga mafoko.
- 5** Fa o dira le setlhopha, reetsa morutwana mongwe le mongwe a buisa ka nosi.
- 6** Ruta barutwana go dumisa mafoko a ba sa a itseng ka metlha – fa morutwana a fitlhela lefoko le a palelwang ke go le buisa, ba thuse go le dumisa. O seka wa le tlola kgotsa wa bitsa morutwana yo mongwe go le buisa.
- 7** Ka nako ya puisokaelo ka ditlhopha, naya barutwana ka bobedi go dira ditirwana tsa puiso mmogo fa o dira le setlhopha se se nnye.

Lenaneo la Medumopuo: Puo ya Gae Setswana

- Go bothokwa go ruta barutwana medumo yotlhe ya puo ka tatelano.
- Medumo e e rutiwang mo lenaneong la medumopuo ya Setswana la NECT e neetswe fa tlase, lokologa go dirisa se jaaka kaedi.

Ela tlhoko:

- ATP ya Mophato wa 3 Kgweditharo ya 1 e tthalosa gore barutwana ba tshwanetse go itse:
 - Ditlhakannge, ditumammogo le ditumanosi tse di pataganeng tse di rutilweng mo Mophatong wa 2
 - Ditumammogo tse di pataganeng: kg-, - tl, kh-, - th, ph-, - ts le ng - (kwa tshimologong le kwa bokhutlong jwa lefoko)
 - Ditumanosi tse di pataganeng di rutilwe mo Mophatong wa 2
 - Leka go netefatsa gore barutwana ba gago ba itse medumo e

MODUMOPUO WA SETSWANA				TEKOLO
MODUMOPUO	MAFOKO A A DUMISEGANG			
a				
m				
o	o-m-a = oma			
b	a-b-a = aba	o-b-a = oba	o-b-a-m-a = obama	
l	l-a-l-a = lala	l-o-m-a = loma	l-o-b-a = loba	
e	e-m-a = ema	e-l-e-l-a = elela	e-b-o-l-a = ebola	
n	n-o-n-a = nona	n-a-m-a = nama	n-a-n-a-b-e-l-a = nanabela	
i	i-l-a = ila	i-n-a = ina	i-n-a-m-a = inama	
r	r-e-m-a = rema	r-o-m-a = roma	r-o-b-a = roba	
u	u-b-a = uba	u-r-a = ura	u-t-o-l-o-l-a = utolola	
t	t-u-m-a = tuma	t-e-m-o = temo	t-i-l-a = tila	
d	d-u-m-a = duma	d-i-r-a = dira	d-u-b-a = duba	
f	f-o-f-a = fofa	f-a-l-a = fala	f-e-l-a = fela	
g	g-o-g-a = goga	g-o-l-a = gola	g-a-m-a = gama	
h	h-e-m-a = hema	h-u-m-a = huma	h-u-m-a-n-e-g-a = humanega	
j	j-a-l-a = jala	j-e-l-a = jela	j-a-r-a = jara	
k	k-o-b-a = koba	k-i-k-a = kika	k-o-k-o-n-a = kokona	
p	p-i-n-a = pina	p-i-l-o = pilo	p-a-l-a = pala	
s	s-e-l-a = sela	s-e-l-o = selo	s-e-b-a = seba	
w	w-a = wa	w-e-n-a = wena	w-e-l-a = wela	
y	y-a = ya	y-o-n-a = yona	y-o-l-e = yole	

MODUMOPUO WA SETSWANA				TEKOLO
MODUMOPUO	MAFOKO A A DUMISEGANG			
š	š-a = ša	š-a-b-a = šaba	š-a-p-a = šapa	
kh	kh-u-d-u = khudu	kh-i-b-a = khiba	kh-a-i = khai	
ts	ts-a-l-a = tsala	ts-o-m-a = tsoma	ts-e-b-e = tsebe	
mm	mm-e = mme	mm-o-p-a = mmopa	mm-a-p-a = mmapa	
nn	nn-a = nna	nn-a-k-e = nnake	nn-a-y-a = nnaya	
th	th-a-b-a = thaba	th-u-m-a = thuma	th-i-b-a = thiba	
ph	ph-a-l-a = phala	ph-a-k-a = phaka	ph-i-r-i = phiri	
tl	tl-o-l-a = tlola	tl-o-tl-a = tlotla	tl-a-m-a = tlama	
kg	kg-a-o-l-a = kgaola	kg-o-r-a = kgora	kg-a-m-a = kgama	
ng	ng-a-p-a = ngapa	ng-a-l-a = ngala	ng-a-t-a = ngata	
nt	nt-a = nta	nt-i-m-a = ntima	nt-o-m-a = ntoma	
ny	ny-a-l-a = nyala	ny-a-ts-a = nyatsa	ny-e-l-e-l-a = nyelela	
kw	kw-a-l-a = kwala	kw-e-n-a = kwena	kw-a-d-i-s-a = kwadisa	
sw	sw-e-l-a = swela	sw-a = swa	sw-e-ts-e = swetse	
nw	nw-e-l-a = nwela	nw-e-l-e-l-a = nwelela	nw-e-l-e = nwele	
mp	mp-a = mpa	mp-o-n-a = mpona	mp-o-g-i-s-a = mpogisa	
tsh	tsh-i-p-i = tshipi	tsh-a-b-a = tshaba	tsh-i-m-o = tshimo	
ntsh	ntsh-o = ntsho	ntsh-a = ntsha	ntsh-a-b-a = ntshaba	
gw	gw-a-m-a = gwama	gw-a-m-i-s-a = gwamisa	s-e-gw-a-p-a = segwapa	
tshw	tshw-a-r-a = tshwara	tshw-a-n-a = tshwana	tshw-e-n-e = tshwene	
tlh	tlh-a-p-a = tlhapa	tlh-o-k-a = tlhoka	tlh-o-l-a = tlhola	
tsw	tsw-a-l-a = tswala	tsw-i-n-e = tswine	tsw-a-l-e-l-a = tswalela	
rr	rr-e = rre	rr-a-m-e-tl-a-e = rrametlae	rr-e-m-o-g-o-l-o = rremogolo	
tšh	tšh-o-k-o-l-e-t-e = tšhokolete	tšh-i-s-i = tšhisi	tšh-o-tlh-o = tšhotlho	
ntšhw	ntšhw-a = ntšhwa	ntšhw-a-f-a-ts-a = ntšhwafatsa	ntšhw-a-f-a-l-e-ts-a = ntšhwafaletsa	
aa	m-aa-n-o = maano	m-aa-k-a = maaka	m-aa-tl-a = maatla	
oo	m-oo-k-i = mooki	l-oo-kw-a-n-e = lookwane	m-oo-n-o = moonoo	
ii	t-ii-l-e = tiile	s-ii-lw-e = siilwe	d-ii-l-w-e = diilwe	
ee	f-ee-l-a = feela	s-ee-l-ee-l-e = seelele	s-ee-m-o = seemo	
rw	rw-a-l-a = rwala	m-o-rw-a-l-o = morwalo	m-o-rw-a = morwa	
ngw	ngw-e-d-i = ngwedi	ngw-a-y-a = ngwaya	ngw-a-n-a = ngwana	
mph	Mph-o = Mpho	mph-a-l-a = mphala	mph-o-d-i-s-a = mphodisa	

MODUMOPUO WA SETSWANA				TEKOLO
MODUMOPUO	MAFOKO A A DUMISEGANG			
tlw	tlw-a-e-l-a = tlwaela	mm-u-tlw-a = mmutlwa	tlw-a-e-ts-e = tlwaetse	
ntlh	ntlh-o-k-a = ntlhoka	ntlh-o-r-i-s-a = ntlhorisa	ntlh-a-p-a-o-l-a = ntlhapaola	
nk	nk-u = nku	nk-o-nk-o = nkonko	m-o-nk-o = monko	
uu	t-uu! = tuu!	th-uu! = thuu!	m-uu! = muu!	
ntl	ntl-o-ng = ntlong	s-e-a-ntl-o = seantlo	ntl-a-m-e-l-a-ng = ntlamelang	
nth	nth-o = ntho	nth-o-m-a = nthoma	nth-o-g-a = nthoga	
nts	nts-o-m-a = ntsoma	nts-o-s-a = ntsosa	nts-i-b-o-s-a = ntsibosa	
nkg	nkg-o-tl-a = nkgotla	nkg-a-tlh-a = nkgatlha	m-o-nkg-o = monkgo	
kgw	kgw-e-d-i = kgwedi	m-o-kgw-a-r-o = mokgwaro	s-e-kgw-a = sekgwa	
ntlw	ntlw-a-n-a = ntlwana	ntlw-a-e-l-a = ntlwaela	d-i-ntlw-a-n-a = dintlwana	
thw	thw-a-l-a = thwala	thw-a-d-i-s-a = thwadisa	s-e-thw-a-l-a = sethwala	
nngw	nngw-e = nngwe	s-e-nngw-a = senngwa	o-m-a-nngw-a = omanngwa	
ntsw	l-e-ntsw-e = lentswe	s-e-ntsw-e = sentswe	ntsw-a-k-e-l-a = ntswakela	
ntšw	ntšw-a = ntšwa	ntšw-a-f-a-ts-a = ntšwafatsa	ntšw-a-ny-a-n-a = ntšwanyana	
tlhw	tlhw-a-r-e = tlhware	tlhw-a-tlhw-a = tlhwatlhwa	m-o-tlhw-a motlhwa	
lw	lw-a-l-a = lwala	m-o-lw-e-ts-e = molwetse	b-o-j-a-lw-a = bojalwa	
ntw	ntw-a = ntwala	ntw-e-l-a = ntwela	ntw-a-ntsh-a = ntwantsha	
nkgw	s-e-nkgw-e = senkgwe	nkgw-a-th-i-s-a = nkgwathisa	nkgw-e-l-a = nkgwela	



Morulaganyi & Letlhomeso la tiro la Mosupatsela

- Morulaganyi wa kharikhulamo le Mosupatsela o o latelang o dirisa tsamaiso e e tlwaelegileng le ditirwana tse di tlhalositsweng mo peleng.

DBE ATP

- Simolola ka dibeke tse 2–3 tsa tlwaetso / tthatlhobo ya motheo.
- Morago ga foo, go na le morulanyi 4 x e e sa kwalelang le mosupatsela, tse o ka di dirisang go rulaganya le go sala morago morago tiro ya kharikhulamo e o e dirileng mo kgweditharong.
- Fa o rata, o ka itirela tsamaiso e e tlwaelegileng ya gago le ditirwana, fela netefatsa gore di amana le CAPS le ATP/TRN
- Jaanong o ka itlhamela Morulaganyi le Mosupatsela wa gago go bona fa o tsamayang teng ka kharikhulamo ya kgweditharo ya 4

Gopola gore Lenaneo le le rulagantsweng la Puo ya Gae Mophato 1–3 la NECT le teng go ka itseelwa mo go: www.nect.org.za

Thitokgang 1:

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
KA MOLOMO	TLOTLOFOKO:		TLOTLOFOKO:	
	PINA/RAEME:		PINA/RAEME:	
	DITIRWANA TSE DINGWE:		DITIRWANA TSE DINGWE:	
MEDUMOPUO	MEDUMO:		MEDUMO:	
	DITIRWANA:		DITIRWANA:	
MOKWALO	MODUMO/MEDUMO, MAFOKO LE DIPOLELO:		MODUMO/MEDUMO, MAFOKO LE DIPOLELO:	

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
PUISOKOPANELO	SETLHANGWA:		SETLHANGWA:	
	DIPOTSO TSA GO TLHALOGANYA:		DIPOTSO TSA GO TLHALOGANYA:	
	TIRWANA YA MORAGO GA PUISO:		TIRWANA YA MORAGO GA PUISO:	
GO KWALA	SETLHOGO LE TIRO:		SETLHOGO LE TIRO:	
PUISOKAELO KA DITLHOPHA	DINTLHA:		DINTLHA:	

Thitokgang 2:

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
KA MOLOMO	TLOTLOFOKO:		TLOTLOFOKO:	
	PINA/RAEME:		PINA/RAEME:	
	DITIRWANA TSE DINGWE:		DITIRWANA TSE DINGWE:	
MEDUMOPUO	MEDUMO:		MEDUMO:	
	DITIRWANA:		DITIRWANA:	
MOKWALO	MODUMO/MEDUMO, MAFOKO LE DIPOLELO:		MODUMO/MEDUMO, MAFOKO LE DIPOLELO:	

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
PUISOKOPANELO	SETLHANGWA:		SETLHANGWA:	
	DIPOTSO TSA GO TLHALOGANYA:		DIPOTSO TSA GO TLHALOGANYA:	
	TIRWANA YA MORAGO GA PUIISO:		TIRWANA YA MORAGO GA PUIISO:	
GO KWALA	SETLHOGO LE TIRO:		SETLHOGO LE TIRO:	
PUISOKAELO KA DITLHOPHA	DINTLHA:		DINTLHA:	

Thitokgang 3:

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
KA MOLOMO	TLOTLOFOKO:		TLOTLOFOKO:	
	PINA/RAEME:		PINA/RAEME:	
	DITIRWANA TSE DINGWE:		DITIRWANA TSE DINGWE:	
MEDUMOPUO	MEDUMO:		MEDUMO:	
	DITIRWANA:		DITIRWANA:	
MOKWALO	MODUMO/MEDUMO, MAFOKO LE DIPOLELO:		MODUMO/MEDUMO, MAFOKO LE DIPOLELO:	

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
PUISOKOPANELO	SETLHANGWA:		SETLHANGWA:	
	DIPOTSO TSA GO TLHALOGANYA:		DIPOTSO TSA GO TLHALOGANYA:	
	TIRWANA YA MORAGO GA PUISO:		TIRWANA YA MORAGO GA PUISO:	
GO KWALA	SETLHOGO LE TIRO:		SETLHOGO LE TIRO:	
PUISOKAELO KA DITLHOPHA	DINTLHA:		DINTLHA:	

Thitokgang 4:

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
KA MOLOMO	TLOTLOFOKO:		TLOTLOFOKO:	
	PINA/RAEME:		PINA/RAEME:	
	DITIRWANA TSE DINGWE:		DITIRWANA TSE DINGWE:	
MEDUMOPUO	MEDUMO:		MEDUMO:	
	DITIRWANA:		DITIRWANA:	
MOKWALO	MODUMO/MEDUMO, MAFOKO LE DIPOLELO:		MODUMO/MEDUMO, MAFOKO LE DIPOLELO:	

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
PUISOKOPANELO	SETLHANGWA:		SETLHANGWA:	
	DIPOTSO TSA GO TLHALOGANYA:		DIPOTSO TSA GO TLHALOGANYA:	
	TIRWANA YA MORAGO GA PUISO:		TIRWANA YA MORAGO GA PUISO:	
GO KWALA	SETLHOGO LE TIRO:		SETLHOGO LE TIRO:	
PUISOKAELO KA DITLHOPHA	DINTLHA:		DINTLHA:	



Lenaneo la tlhatlhobo

Tlhatlhobo ya go ithuta

- **Lenaanetekolo** le le latelang le akaretsa **kgodiso ya dikgono tsa go buisa le go kwala tse di botlhokwa thata** gore barutwana ba gago e nne bo mankge mo kगतong ya motheo.
- Tse ke **dikgono tsa go buisa le go kwala tse di botlhokwa tse barutwana botlhe ba tshwanetseng go nna le tsona** kwa **bofelong jwa Mophato 3**.
- Ga gona tsele ya ka bonako e e bonolo go latela 'Tlhatlhobo ya go lthuta,' kgotsa 'Tlhatlhobo e e Tlhomameng.'
- Go go thusa go dira se ka tsela e e mosola, o ka rata go leka go latela tse di latelang:
 - Dira **buka ya tlhatlhobo ya go rekotela** mme o e tshole ka dinako tsotlhe.
 - Buka e etshwanetse go tshwaiwa KHUPAMARAMA/SEPHIRI
 - Ka mo bukeng e, **nna le karolo ya morutwana mongwe le mongwe**.
 - Go ralala letsatsi, **tlhokomela gore morutwana o dira jang** mme o **kwale dintlha ka se o se lemogileng** mabapi le dikgono tse.
- Nna kelotlhoko ka **barutwana ba ba senang tswelopele** mme o **dire le bona** go rarabolola dikgwetlho tsa bona.

Lenaanetekolo: Kgato ya Motheo, Puo ya Gae

DIKGONO TSA TLHALOGANYO	✓
O latela ditsholofelo le ditekanyetso tsa ka mo phaposing	
O laola maikutlo a gagwe	
O dira ka nosi	
O na le tirisano mmogo mo tirong ya setlhopha.	
O tlhoma mogopolo mo go se a se dirang e bile o fetsa ditiro ka nako e e lebeletsweng.	
O gopola le go golaganya dithuto tse di fetileng le tse dintšhwa.	
O simolola le go tshwarelela botsalano jo bo siameng.	
O a tswelela mo dikgwetlhong – ga a ineele	
GO REETSA LE GO BUJA	✓
O a gola mme o dirisa tlotlofoko e e kwa godimo, e e oketsegang.	
O latela ditshupetso	
O botsa dipotso	
O araba dipotso ka tshwanelo a dirisa dipolelo tse di oketsegang tsa maemo a kwa godimo.	
O dirisa dikgono tsa puisano le go buisana ka tshwanelo.	
TEMOGO YA MEDUMOPUO LE MEDUMOPUO	✓
O kgaoganya mafoko ka medumo ya yona ka molomo	
O kopanya medumo go dira mafoko ka molomo	
O lemoga le go buisa medumo yotlhe e rutilweng (o ithuta kamano ya ditlhaka le medumo)	
O aga le go kgaoganya mafoko a a kwadilweng a dirisa medumo e e rutilweng.	

PUISO	✓
Ka metlha o leka go dumisa mafoko a mantšhwa a dirisa kitso ya tlhaka le modumo.	
O buisa kgang e e mo matlharetirong ka thelelo e e oketsegang le ka nepagalo.	
GO TLHALOGANYA	✓
<i>Mo kgatong ya motheo, dikgono tse di tshwanetse go agiwa ka nako ya puisokopanelo – fa morutabana a buisetsa setlhangwa se se marara kwa godimo.</i>	
O bontsha phisego le kgatlhegelo mo dikgannyeng tsa puisokopanelo.	
O araba dipotso tse di bonolo tse a di gopolang ka nepagalo.	
O naya dikakanyo tse di nang le mabaka mo dipotsong tsa ‘goreng?’	
O dira tshosobanyo ya ditiragalo tse di botlhokwa tsa kgang e e buiseditsweng kwa godimo.	
O dira puisano ka maikaelelo kgotsa molaetsa wa kgang e e buisitsweng.	
O gakologelwa le go golaganya dikgang tse di fetileng le tse dintšhwa.	
MOKWALO	✓
O tshwara phensele le dilwana tsa go kwala ka nepagalo – a dirisa menwana e meraro ya go tshwara.	
O kgona go bopa ditlhaka tse a di rutilweng ka nepagalo e bile di bonagala.	
O kwala ka lebelo le le amogelesegang – o kgona go fetsa ditiro ka nako e e neetsweng.	
GO KWALA	✓
O dirisa go kwala go bua ka dikakanyo tsa gagwe (ga a kopise)	
O kwala ka nosi (o tshola le go dirisa maano a go kwala go fetsa ditiro tsa go kwala)	
O dirisa kitso ya tlhaka le modumo go kwala mafoko (mopeleto wa tlhamo)	
O buisetsa ditsala mokwalo wa gagwe.	

Tlhatlhubo ya go Ithuta

- O ka itlhophela go **dira tlhatlhubo e e tlhomameng ya gago** (Tiro ya Tlhatlhubo e e Tlhomameng) go ya ka dikaedi tse di neetsweng mo **karolong 4 e e tlhabolotsweng ya CAPS**.
- Kgotsa o ka dirisa sekai sa **Tiro ya Tlhatlhubo e e Tlhomameng** ya Kgweditharo 1 e e **neetsweng fa tlase**. O ka dirisa sekai se jaaka se ntse kgotsa wa se fetola go se dirisa ka mo phaposing ya gago.
- ‘Karata ya maduo’ e akareditswe mo o ka tsenyang dipholo tsa barutwana tsa tlhatlhubo tsa karolwana nngwe le nngwe ya puo.

Tiriso ya Ruburiki

- Diruburiki tse di latelang di na le ditekanyetsi tsa ditlhalosi di le nne.
- Di bontsha kaedi ya selekanyo sa maemo mangwe le mangwe.
- Godimo ga foo, maduo a tekanyetso ya ditlhalosi a neetswe. Se, se bontshitswe ka mo masakaneng a a fa thoko ga ditlhalosi
- O ka dirisa dikarolwana tse go tlhatlhuba barutwana ba gago ka ditsela tse di farologaneng, go ya ka keletso ya porofense kgotsa kgaolo ya gago. Sekai:
 - a O ka itlhophela go dira maemo a palogare kgotsa selekanyo sa tirwana ya tlhatlhubo.
 - b Kgotsa, o ka itlhophela go naya morutwana mongwe le mongwe maduo.

SEKAI:

- a** Morutabana wa ga Kagiso o beile sefapano mo tekanyetsong ya se a se fitlheletseng.
- b** O bona gore sefapano gantsi se wela ka mo MAEMONG 2 / SELEKANYO 3–4. Fela, o na le MAEMO 1 / SELEKANYO 1–2 maduo. Ka jalo, o mo naya **Selekanyo sa 3**.
- c** Go tsweng foo, o dira maduo a gagwe go ya ka maduo a a tekanyetso nngwe le nngwe. O fitlhelela maduo a 5 go tswa go 14. Fa o a arola ka 2, o fitlhelela **2.5**, e a e fetolelang mo **Selekanyong sa 3**.

RUBURIKI	MAEMO 1 SELEKANYO 1–2	MAEMO 2 SELEKANYO 3–4	MAEMO 3 SELEKANYO 5–6	MAEMO 4 SELEKANYO 7
TEKANYETSO 1	Morutwana o anela bonnye jwa kgang ka tatelano e e fosagetseng. (1)	Morutwana o anela bontlhanngwe jwa kgang ka tatelano e e nepagetseng, mme o akaretsa dintlha tse dintsi kgotsa tse dinnye tsa kgang. (2) ✗	Morutwana o anela bontsi jwa kgang ka tatelano e e nepagetseng mme a ka akaretsa dintlha tse dintsi kgotsa tse dinnye tsa kgang. (3)	Morutwana o anela kgang ka tatelano e e nepagetseng le dintlha tse di lekaneng go tlhaloganya kgang. (4–5)
TEKANYETSO 2	Morutwana o ikhutsa kgafetsa, wa okaoka le go boeletsa mafoko kgotsa dipolelwana. (1)	Morutwana ka dinako dingwe o ikhutsa kgafetsa, wa okaoka le go boeletsa mafoko kgotsa dipolelwana. (2) ✗	Morutwana o anela kgang ka thelelo mme o ikhutsa ka dinako dingwe le go okaoka kgotsa go boeletsa mafoko kgotsa dipolelwana. (3)	Morutwana o anela kgang ka thelelo le go itshepa, kwantle ga go ikhutsa, go okaoka kgotsa go boeletsa mafoko kgotsa dipolelwana. (4–5)
TEKANYETSO 3	Ga go na pharologano ya segalo le modumo wa lentswe kgotsa morujswana ga a utlwagale. (1) ✗	Morutwana o farologanya segalo le modumo wa lentswe ka dinako dingwe e se ka fa go tshwanetseng. (2)	Morutwana o farologanya segalo le modumo wa lentswe fa a buisa mme puisoya gagwe e na le matswela. (3)	Morutwana o farologanya segalo le modumo wa lentswe fa a buisa mme puisoya gagwe e na le matswela a magolo. (4)

Go fetola

- Fetolela maduo a a godimo ga 14 go selekanyo sa 1–7 ka go arola ka 2.

Re solofela fa kaedi e ya tlhatlhobo e tla go tswela mosola

- *Go botlhokwa go gopola gore ditiro tsa ditlhatlhobo tse le mekgwa ya go bala ke dikakantsho.*
- *Ka kopo ikobebe melao ya ditlhokego tsa tlhatlhobo ya porofense kgotsa kgaolo ya gago.*

Tlhatlhobo ya go Itluta: Karata ya maduo						
Maina a Barutwana	Go reetsa le go bua	Medumopuo	Puiso le Go tthaloganyana	Mokwalo	Go kwala	Gotlhe
	O tsaya karolo mo dipuisanong. O botsa dipotso. supa masisi mo ditshwaelong le mo maikutlong a ba bangwe	O bopa mafoko ka ditumammogo tse di pataganeng	O na le dikgono tsa go tthaloganyana tse di akaretsang: ponelopele, tatelano, diphopholetso tsa kitso le ditshekatsheko	O kwalolola le go kwala mafoko le dipolelo tse dikhutshwane ka mokwalo kgatiso kgotsa mokwalo o o tshwaraganeng	O kwala ditemana tse 2 tsa dipolelo tse 8 ka setlhogo	
Palo ya Tirwana ya Tlhatlhobo	1.1	1.2	1.4	1.6	1.7	
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						

Mophato 3 Kgweditharo 1: Sekai sa Tlhatlhobo e e Tlhomameng

1.1: GO REETSA LE GO BUA	
MAIKAELELO	O tsaya karolo mo dipuisanong. O botsa dipotso. supa masisi mo ditshwaelong le maikutlo a ba bangwe
TIRISO	<ul style="list-style-type: none"> • Se, se ka diriwa ka nako nngwe le nngwe go simolola ka beke ya 5 go ya go beke ya 8 • Dira se ka Laboraro kgotsa Labotlhano ka nako ya Tirwana ya Molomo • Kgotsa ka Labotlhano ka nako ya Puisokopanelo: Tirwana ya Morago ga Puiso • Dirisa puo e e tlhalosang • Dirisa mekgwa e e farologaneng ya puo ya matsogo le tiriso ya sefatlhego
TIRWANA	<ul style="list-style-type: none"> • Baya barutwana mo ditlhopheng tse dinnye (barutwana ba le 3-4 . • Kwala letlhomeso la puisano kgotsa lenaane la dipotso mo patitshokong mme o le tlhalosetse barutwana • Bolelela barutwana go buisana ka ntlha nngwe le nngwe. Tlhalosa gore ba tshwanetse go botsa mongwe le mongwe dipotso ka dintlha tsa bona • Tsamayatsamaya mme o reetse ditlhopha tse 2-3 mo thutong nngwe le nngwe. • Tlhatlhoba morutwana mongwe le mongwe o dirisa ruburiki e e fatlase.

RUBURIKI	MAEMO 1 SELEKANYO 1-2	MAEMO 2 SELEKANYO 3-4	MAEMO 3 SELEKANYO 5-6	MAEMO 4 SELEKANYO 7
O TSAYA KAROLO MO DIPUISANONG	Morutwana o didimetse kgotsa go na le dilo tse di mo kgoreletsang. Morutwana ga a itshwenye go tsaya karolo mo puisanong ya setlhopha (1)	Morutwana o didimetse kgotsa go na le dilo tse di mo kgoreletsang. Morutwana o tsaya karolo go le gonnye mo puisanong ya setlhopha (2)	Morutwana o teng ka dinako tsotlhe e bile o tsaya tsia dipuisano. Morutwana o leka go tsaya karolo mo dipuisanong tsa setlhopha (3)	Morutwana o teng ka dinako tsotlhe e bile o tsaya tsia dipuisano. Morutwana o tsaya karolo mo dipuisanong tsa setlhopha (4-5)
O BOTSA DIPOTSO	Morutwana ga a tseye matsapa go botsa dipotso tse di maleba kgotsa tse di nang le bokao. Kgotsa morutwana ke sekgoreletsi e bile o botsa dipotso tse di seng maleba(1)	Morutwana o tsaya matsapa go botsa dipotso mme ga di maleba kgotsa ga di na bokao (2)	Morutwana o botsa bontsi jwa dipotso tse di maleba (3)	Morutwana o botsa dipotso tse di maleba kgotsa di na le bokao (4)
SUPA MASISI MO DITSHWAELO LE MAIKUTLO A BA BANGWE	Morutwana o bontsha maitsholo a a seng masisi, o kgoreletsa kgotsa o tsena ba bangwe mo ganong, ga a reetse ditshwaelo tsa ba bangwe, ga a arabe ba bangwe sentle kgotsa ditshwaelo tsa gagwe ga di a siama. (1)	Morutwana ka dinako dingwe o bontsha maitsholo a a seng masisi, o kgoreletsa kgotsa o tsena ba bangwe mo ganong, ga a reetse ditshwaelo tsa ba bangwe, ga a arabe ba bangwe sentle kgotsa ditshwaelo tsa gagwe ga di a siama (2)	Morutwana go le gantsi o bontsha maitsholo a a masisi, o reetsa ditshwaelo tsa ba bangwe mme o araba ba bangwe ka tsela e e maleba e bile a le masisi. (3)	Morutwana o bontsha maitsholo a a masisi, o reetsa ditshwaelo tsa ba bangwe mme o araba ba bangwe ka tsela e e maleba e bile a le masisi.. (4-5)

1.2: MEDUMOPUO																	
MAIKAELELO	O bopa mafoko ka ditumammogo tse di pataganeng																
TIRISO	<ul style="list-style-type: none"> Dira se, ka beke ya 7 kgotsa ya 8, ka nako ya dithuto tsa medumopuo kwa bofelong ba beke. 																
TIRWANA	<ul style="list-style-type: none"> Dira lenaneothalo la 'Batla lefoko' la medumo e 16 mo patitshokong, o akaretse, medumo e e sa pataganang, ditumanosi tse di pataganeng le ditumammogo tse di pataganeng mme di rutilwe <table border="1" data-bbox="627 508 1083 707"> <tbody> <tr> <td>a</td> <td>e</td> <td>i</td> <td>o</td> </tr> <tr> <td>u</td> <td>tl</td> <td>th</td> <td>ts</td> </tr> <tr> <td>ng</td> <td>oo</td> <td>ph</td> <td>kh</td> </tr> <tr> <td>kg</td> <td>l</td> <td>m</td> <td>b</td> </tr> </tbody> </table> Bontsha barutwana gore ba bope jang mafoko ba dirisa medumo e e mo lenaanethalong sekao: th – a – b – a = thaba Bolelela barutwana gore ba tshwanetse go bopa mafoko a le 12 Naya barutwana metsotso e le 5 go dira se. Phutha dibuka tsa bona, o di tshwaye mme o bale mafoko a ba a bopileng ka nepagalo Tlhatlhoba morutwana mongwe le mongwe o dirisa ruburiki e e fa tlase 	a	e	i	o	u	tl	th	ts	ng	oo	ph	kh	kg	l	m	b
a	e	i	o														
u	tl	th	ts														
ng	oo	ph	kh														
kg	l	m	b														

RUBURIKI	MAEMO 1 SELEKANYO 1-2	MAEMO 2 SELEKANYO 3-4	MAEMO 3 SELEKANYO 5-6	MAEMO 4 SELEKANYO 7
O BOPA MAFOKO KA DITUMAMMOGO TSE DI PATAGANENG	Morutwana o bopa mafoko a a magareng ga 0-3 ka nepagalo (1-2)	Morutwana o bopa mafoko a a magareng ga 4-6 ka nepagalo (3-4)	Morutwana o bopa mafoko a a magareng ga 7-9 ka nepagalo (5-6)	Morutwana o bopa mafoko a a magareng ga 10-12 ka nepagalo (7)

1.3: MEDUMOPUO	
MAIKAELELO	<ul style="list-style-type: none"> • Tlhopha mafoko go ya ka alefabeto
TIRISO	<ul style="list-style-type: none"> • Dira se, ka beke ya 7 kgotsa 8, ka nako ya dithuto tsa medumopuo kwa bofelong ba beke.
TIRWANA	<ul style="list-style-type: none"> • Kwala lenaane la mafoko a makhutshwane a 12 mo patitshokong, o simolole ka ditlhaka tse di farologaneng tsa alefabeto, sekao.: <ol style="list-style-type: none"> 1 bua 2 ema 3 lela 4 mona 5 fola 6 dira 7 kala 8 jala 9 hema 10 gola 11 ila 12 ala • Bolelela barutwana go tlhopha mafoko go ya ka tatelano ya alefabeto mme ba a kwale ka mo dibukeng tsa bona, go simolola ka 1–12. • Ba tlhalosetse gore ba tshwanetse go dira se ba dirisa ditlhaka tsa alefabeto – ba lebelele pele fa go na le lefoko le le simololang ka ‘a’ mme ba le kwale, jalo jalo. • Phutha dibuka tsa bona, o di tshwaye mme o kwale maduo a mafoko a a beilweng sentle ka alefabeto, sekao.: <ol style="list-style-type: none"> 1 ala 2 bua 3 dira 4 ema 5 fola 6 gola 7 hema 8 ila 9 jala 10 kala 11 lela 12 mona • Tlhatlhoba morutwana mongwe le mongwe o dirisa ruburiki e e fa tlase.

RUBURIKI	MAEMO 1 SELEKANYO 1–2	MAEMO 1 SELEKANYO 3–4	MAEMO 1 SELEKANYO 5–6	MAEMO 1 SELEKANYO 7
BAYA MAFOKO GO YA KA ALEFABETE	Morutwana o baya mafoko a le 0–3 ka nepagalo. (1–2)	Morutwana o baya mafoko a le 4–6 ka nepagalo. (3–4)	Morutwana o baya mafoko a le 7–9 ka nepagalo. (5–6)	Morutwana o baya mafoko a le 10–12 ka nepagalo. (7)

1.4: PUIISO	
MAIKAELELO	<ul style="list-style-type: none"> • O buisetsa kwa godimo go tswa mo bukeng ka bokgoni jwa gagwe jwa go buisa. • O dirisa mafoko a pono, medumopuo, ditiragalo le thulaganyo ya go sekaseka dikgono tsa go dumisa mafoko. • Buisa ka thelelo e e oketsegileng
TIRISO	<ul style="list-style-type: none"> • Se se ka diriswa nako nngwe le nngwe go simolola ka beke 6 go ya go beke 8 • Dira se ka nako ya puisokaelo ka ditlhopha
TIRWANA	<ul style="list-style-type: none"> • Ka nako ya puisokaelo ka ditlhopha, bitsa morutwana mongwe le mongwe wa setlhopha go tla go go buisetsa ka nosi. • Kopa morutwana go buisetsa kwa godimo go tswa mo setlhangweng sa bokgoni jwa bona jwa go buisa. Netefatsa gore setlhangwa se akaretsa mafoko a a dumisegang. • Tlhatlhoba morutwana mongwe le mongwe o dirisa ruburiki e e fa tlase.

RUBURIKI	MAEMO 1 SELEKANYO 1-2	MAEMO 2 SELEKANYO 3-4	MAEMO 3 SELEKANYO 5-6	MAEMO 4 SELEKANYO 7
THELELO	Morutwana o a okaoka fa a buisa., o a didimala fa a fitlha mo mafokong ao a sa a itseng kgotsa o a a tlola mme o boeletsa mafoko kgotsa dipolelwana. (1)	Morutwana o buisa a ntse a ikhutsa kgotsa a belaela. Morutwana o na le dikarolo tsa puiso tse di mo paledisang go tswela. (2)	Morutwana o buisa a ntse a ikhutsa ka moribo. Morutwana o na le dikgwetlho ka mafoko a a rileng kgotsa popego ya polelo. (3)	Morutwana o buisa ka thelelo mme a ikhutsa gongwe. Morutwana o kgona go itshiamisa fa a buisa mafoko a a marara / polelo kgotsa popego ya polelo. (4-5)
DIKGONO TSA GO DUMISA MAFOKO	Morutwana o tlhoka tshegetso e ntsi ya medumopuo mo go morutabana go buisa lefoko le a sa le itseng. Morutwana o kgaratlhela go kgaoganya mafoko ka dinoko kgotsa medumo. Morutwana o itse mafoko a le mmalwa a pono le a a tlhagelelang kgapetsa. (1)	Morutwana o leka go buisa mafoko ao a sa a itseng fela o a kgaratlha. Morutwana o leka go dirisa medumopuo fela o tlhoka tshegetso go tswa go morutabana. Morutwana o itse mangwe a mafoko a pono le a a tlhagelelang kgapetsa. (2)	Morutwana o dirisa medumopuo le dinoko go dumisa mafoko ao a sa a itseng fela o tlhoka thuso ka dinako dingwe go kopanya medumo go bopa mafoko. Morutwana o itse mafoko a pono le a a tlhagelelang kgapetsa a le mantsi (3)	Morutwana o dirisa medumopuo le dinoko go dumisa mafoko ao a sa a itseng mme o kgona go kopanya medumo go bopa mafoko. Morutwana o itse mafoko a pono le a a tlhagelelang kgapetsa a a rutilweng otlhe (4-5)

1.5: GO TLHALOGANYA	
MAIKAELELO	<p>Reetsa le go dira ka setlhangwa le go:</p> <ul style="list-style-type: none"> • Araba dipotso tse di tlhamaletseng ka dintlha tsa setlhangwa • O dira diponelopele • O baya tatelano ya ditiragalo ka nepagalo • O dira diphopholetso tsa kitso • O dira ditshekatsheko
TIRISO	<ul style="list-style-type: none"> • Se, se ka dirwa nako nngwe le nngwe go simolola ka beke ya 6 go ya go ya 8 • Dira se ka Labotlhano ka nako ya Tirwana ya Molomo: Puisano ya Puisokopanelo kgotsa ka Labotlhano ka nako ya puisokopanelo: Tirwana ya morago ga puiso
TIRWANA	<ol style="list-style-type: none"> 1 Dirisa kgang ya puisokopanelo ya beke e e fetileng 2 Ritibatsa barutwana gore ba fetse tiro e 3 Go tsweng foo, biletsa barutwana ka bongwe kwa tafoleng ya gago go dira tlhatlhobo. 4 Kopa barutwana go araba 1–2 ya nngwe le nngwe ya mefuta ya dipotso ka ga setlhangwa: <ul style="list-style-type: none"> Dipotso tse di tlhamaletseng ka dintlha 1 Mang..? 2 Eng...? 3 Leng...? 4 Jang...? 5 Kae? Dira ponelopele 1 O akanya gore go tla diragala eng se se latelang? Goreng? 2 O akanya gore kgang e tla fela jang? Goreng? Tatelano 1 Go diragetse eng kwa tshimologong ya kgang? 2 Go diragetse eng kwa bokhutlong jwa kgang? 3 Go diragetse eng morago ...? 4 Go diragetse eng la ntlha: ...kgotsa...? Phopholetso ya kitso 1 O ka fopholetsa eng ka....go tswa go....? 2 O akanya jang ka....? 3 Goreng o akanya gore...? Ditshekatsheko 1 A o akanya gore se, e ne e le selo se sentle go se dira? Goreng go le jalo kgotsa go se jalo? 2 A o akanya gore se, e ne e le selo se se sa siamang go se dira? Goreng go le jalo kgotsa go se jalo? 3 A o ka dira tsheka tsheko ka (moanelwa/banelwa) ditiro?

RUBURIKI	MAEMO 1 SELEKANYO 1-2	MAEMO 2 SELEKANYO 3-4	MAEMO 3 SELEKANYO 5-6	MAEMO 4 SELEKANYO 7
DIPOTSO TSE DI TLHAMALETSENG TSA DINTLHA	Morutwana o kgona go gopola ntlha e le nngwe ya kgang. (1)	Morutwana o kgona go gopola dintlha dingwe tsa kgang fa a botsolotswa. (2)	Morutwana o kgona go gopola dintlha tsotlhe tsa kgang fa a botsolotswa. (3)	Morutwana o kgona go gopola dintlha tsotlhe tsa kgang ka bonako, thelelo le ka nepagalo. (4)
PONELOPELE	Morutwana o kgaratlha go dira ponelopele e le nngwe e e amogelesegang e bile ga a kgone go buelela karabo ya gagwe. (1)	Morutwana o dira ponelopele e le nngwe e e amogelesegang e bile o kgona go e buelela karabo ya gagwe. (2)		
TATELANO	Morutwana ga a kgone go dira tatelano ya ditiragalo go tswa mo setlhangweng, le ka tshegetso. (1)	Morutwana o kgona go dira tatelano ya ditiragalo go tswa mo setlhangweng ka tshegetso (2)	Morutwana o dira tatelano ya ditiragalo ka nepagalo go tswa mo setlhangweng fela o tsaya nako. (3)	Morutwana o dira tatelano ya ditiragalo tsotlhe ka bonako le ka nepagalo go tswa mo setlhangweng. (4)
PHOPHOLETSO YA KITSO	Morutwana o kgaratlha go dira diphopholetso tsa kitso ka ga moanelwa kgotsa tiragalo ya kgang, le fa a tshegediwa. (1)	Morutwana o dira diphopholetso tsa kitso tse di amogelesegang ka ga moanelwa kgotsa tiragalo ya kgang, kwantle ga tshegetso. (2)		
DITSHEKATSHEKO	Morutwana o kgaratlha go sekaseka moanelwa kgotsa tiragalo ya kgang le fa e newa tshegetso.(1)	Morutwana o kgona go sekaseka moanelwa kgotsa tiragalo ya kgang kwantle ga tshegetso. (2)		

1.6: MOKWALO	
MAIKAELELO	<ul style="list-style-type: none"> • Kwalolola le go kwala mafoko le dipolelo tse dikhutshwane ka mokwalokgatiso kgotsa mokwalo o o tshwaraganeng a tthomile mogopolo mo go bopeng ditlhaka le go tlogela diphatlha ka nepagalo.
TIRISO	<ul style="list-style-type: none"> • Dira se o dirisa thuto ya mokwalo ya dibeke 5–6 kgotsa dibeke 7–8
TIRWANA	<ul style="list-style-type: none"> • Dira dithuto tsa mokwalo jaaka metlha. • Fa barutwana ba kopolola go tswa mo patitšhokong, tsamayatsamaya mme o ba ele tlhoko. • Phutha dibuka tsa barutwana kwa bofelong ba thuto. • Tlhatlhoba mokwalo wa morutwana mongwe le mongwe o dirisa ruburiki e e fa tlase.

RUBURIKI	MAEMO 1 SELEKANYO 1–2	MAEMO 2 SELEKANYO 3–4	MAEMO 3 SELEKANYO 5–6	MAEMO 4 SELEKANYO 7
MOKWALO	Morutwana o kgaratlha go kwala ka mokwalo o o tshwaraganeng ka bophepa le ka nepagalo. Bogolo ba ditlhaka tsa mokwalo wa gagwe ga bo lekane ebile popo ya ditlhaka ga e a nepagala. Ga a bule diphatlha magareng ga mafoko ka dinako tsotlhe (1–2)	Morutwana o kgaratlha ka dinako dingwe go kwala ka mokwalo o o tshwaraganeng ka bophepa le ka nepagalo. Ka dinako dingwe bogolo ba ditlhaka tsa mokwalo wa gagwe ga bo lekane le popo ya ditlhaka ga e a nepagala ka dinako dingwe. Ga a bule diphatlha magareng ga mafoko ka dinako dingwe. (3–4)	Morutwana go le gantsi o kwala ka mokwalo o o tshwaraganeng ka bophepa le ka nepagalo. Bogolo le popo ya ditlhaka tsa gagwe di a tshwana e bile di nepagetse. O tlogela diphatlha mo magareng ga mafoko ka dinako tsotlhe. (5–6)	Morutwana o kwala ka mokwalo o o tshwaraganeng ka bophepa le ka nepagalo. Bogolo le popo ya ditlhaka tsa gagwe di a tshwana e bile di nepagetse. O tlogela diphatlha mo magareng ga mafoko ka dinako tsotlhe. (7)

1.7: GO KWALA	
MAIKAELELO	<ul style="list-style-type: none"> • Kwala ditemana tse 2 tsa dipolelo tse 8 ka setlhogo
TIRISO	<ul style="list-style-type: none"> • Dira se o dirisa thuto ya go kwala ya dibeke 3–4, dibeke 5–6, kgotsa dibeke 7–8. • Dira se, le dithuto tsa go kwala ka Laboraro, mo bekeng ya 6 kgotsa ya 8.
TIRWANA	<ul style="list-style-type: none"> • Dira thuto ya go kwala jaaka metlha. • Phutha dibuka tsa barutwana kwa bofelong ba tsheko ya go kwala. • Tlhatlhoba mokwalo le go kwala ga morutwana mongwe le mongwe o dirisa ruburiki e e fa tlase.

RUBURIKI	MAEMO 1 SELEKANYO 1–2	MAEMO 2 SELEKANYO 3–4	MAEMO 3 SELEKANYO 5–6	MAEMO 4 SELEKANYO 7
GO KWALA: TSHIMOLOGO	Kakanyo e marara go e tlhaloganya kgotsa ga se ya gagwe – o kopisitse sekai sa morutabana. (1)	Kakanyo ya gagwe e a tlhaloganyesega e bile o itshimoletse yona fela e tshwana le sekai (2)	Kakanyo ya gagwe ke ya maikutlo a gagwe e bile o itshimoletse yona. (3)	Kakanyo ya gagwe ke ya maikutlo a gagwe o itshimoletse yona e bile o botlhami. (4–5)
GO KWALA: BOLEELE LE POPO	Morutwana o kwadile dipolelo tse di ka fa tlase ga 3 tse di nepagetseng. Dipolelo ga di a bopega sentle ka ditemana tse 2. (1)	Morutwana o kwadile dipolelo tse 3–4 tse di nepagetseng. Dipolelo ga di a bopega sentle ka ditemana tse 2. (2)	Morutwana o kwadile dipolelo tse 5–6 tse di nepagetseng. Dipolelo di bopegile sentle ka ditemana tse 2 (3)	Morutwana o kwadile dipolelo tse 7 kgotsa go feta tse di nepagetseng. Dipolelo di bopegile sentle ka ditemana tse 2 (4–5)
MATSHWAO A PUO	Morutwana o kgaratlha go dirisa ditlhakakgolo le dikhutlo ka dinako tsotlhe le ka nepagalo. (1)	Morutwana o dirisa ditlhakakgolo le dikhutlo ka nepagalo mme o na le bothata ka matshwao a mangwe a puo. (2)	Morutwana o dirisa matshwao otlhe a puo a a rutilweng ka botlalo fela o dira diphoso ka dinako dingwe. (3)	Morutwana o dirisa matshwao otlhe a puo a a rutilweng ka botlalo e bile o dira diphoso ka sewelo. (4–5)

